



East Staffordshire
District Patients Engagement Group

<https://www.districtpatientsgroup.org/>

**Minutes of the meeting held at the
Community Room, Morrisons, Wellington Road,
Burton, DE14 on Thursday 5th December 2024,
between 14.00 and 16.00**

1. Present

SAR	Chair East Staffs District Patient Engagement Group, (Tutbury Patient Forum)
JB	Vice Chair East Staffs District Patient Engagement Group, (Tutbury Patient Forum)
BJW	(Tutbury Patient Forum)
KL	(Peel Croft PPG)
CD	(Trent Meadows PPG)
CR	(Bridge PPG)
SG	(Yoxall PPG)
LT	(Carlton Group PPG)
KB	(Rocester PPG)
DM	(Bridge PPG)
LK	(Peel Croft PPG)
IJ	(Carlton Group PPG)
DB	Healthwatch Staffordshire
IL	Support Staffordshire Community Officer, Burton on Trent District

2. Guest Speaker

Chris Viner	Managing Director, Community Home Solutions
-------------	---------------------------------------------

3. Welcome

The Chair, SAR, welcomed everyone to the meeting. A welcome was given to our speaker for the meeting, CV, Managing Director, Community Home Solutions

4. Apologies

The Vice-Chair/Secretary, JB, had received the following apologies:

EM	(Alrewas PPG)
TB	(Yoxall PPG)
DH	(Tamworth PPG)
RJB	(Trent Meadows PPG)
SMcK	(Trent Meadows PPG)
LH	(Peel Croft PPG)
JW	(Barton PPG)
DM	East Staffs Primary Care Community Manager
RB	East Staffs PCN Research & Support Manager.

5. Presentation by Chris Viner, CV, Managing Director, Community Home Solutions

Previously the Chair, SAR, and Vice-Chair, JB, listened to the presentation from CV at one of the monthly Midlands Partnership NHS Hospitals Foundation Trust, MPFT meetings they attend. Due to its possible significance for the East Staffordshire Community CV, had been invited to speak to the District Group.

Introduction as found on the following website

<https://www.communityhomesolutions.co.uk/>

Community Home Solutions was founded in 2021, by CV, bringing together extensive experience in the energy sector, specifically in the delivery of government-funded energy efficiency schemes.

We are based in the East Midlands and deliver schemes across the country. We are passionate about making an impact in the energy efficiency market and reducing both carbon emissions and energy bills in the homes of those most in need.

We provide end-to-end retrofit solutions to domestic properties throughout the UK, improving the energy efficiency of homes, reducing carbon emissions, and reducing fuel bills.

Our vision is to bridge the gap between Fuel Poverty and Net Zero in the domestic owner-occupied, private-rented, and social-rented markets.

We are keen to work with local supply chain and third sector organisations in our delivery, building on existing community relationships.

They advertise their services through presentations like today, direct marketing and via social media. Currently working in partnership with Staffordshire and Stoke on Trent Integrated Care Board, Staffordshire County Council, and the local East Staffordshire Primary Care Network

The full presentation that was given is attached to these minutes and has also been distributed to everyone after the meeting.

There followed a discussion with various Q&As.

The Chair SAR thanked CV for his valuable input, and this was echoed by all those present.

6. Minutes of the Meetings held on 17th October 2024

KB, Rocester wish to have recorded that the Rocester PPG report hadn't included that the CQC had visited. The official results of that visit were still awaited at the time of the PEG meeting. However, the CQC reaction at the end of their visit had, nonetheless, been signalled as favourable. No further issues were raised, and the minutes were accepted as a true record.

7. Matters arising from the Minutes.

There are no matters arising that will not be covered under the agenda.

8. Action Log Update

As previously agreed, the update has been circulated by the Vice-Chair, JB. The details were as follows:

(i). My Health, My Way Project

The Vice-Chair, JB, is a patient representative on the My Health, My Way project. The initial pilot project has commenced with letters to the various patients being sent out.

An official launch with people from NHS England had been arranged for the 4th of June. However, this was cancelled due to several key contributors having to withdraw their participation due to the period of heightened political sensitivity prior to the General Election.

The update discussed at the last District meeting, Oct, and the presentation was sent out with the draft minutes.

Additional update.

The project has had a good response from patients. It has been agreed

to extend the project time scale by a further six months and this has been agreed by the Staffs and Stoke-on-Trent Integrated Care Board, ELF Portfolio, (End of Life, Long Term Conditions and Frailty).

(ii). Speakers for 2025

Members would like to have input from:

- The UHDB Trust
- The Staffordshire and Stoke on Trent Integrated Care Board.
- Will writing/Power of Attorney and from the Funeral Services.

(iii). Initial 2025 District Meeting Dates

Thursday	February 13th	2pm – 4pm
Thursday	March 20th	2pm - 4pm
Thursday	May 1st	2pm – 4pm
Thursday	June 12th	2pm – 4pm
Thursday	July 10th	2pm – 4pm
Thursday	September 4th	2pm – 4pm
Thursday	October 16th	2pm – 4pm
Thursday	December 4th	2pm – 4pm

All meetings will be held in the Community Room within Morrisons, Wellington Road, Burton.

There were no further actions from the October meeting that will not be covered under the agenda.

Please Note:

Following discussions after the meeting it has been agreed that the meeting times will be between 1pm and 3pm.

The new information has been sent to all members

9. Patient Stories

Concern had been raised over the number of negative patient stories that had been related to members of the East Staffordshire District Patient Engagement Group that involved local NHS Services. It had been agreed that all patients' stories received during 2024, both negative and positive, would be put into one document where they could be reviewed, discussed and an action plan drawn up.

The Secretary, JB, had produced this document which was read out and discussed by those present.

Further patient stories were related by those present and these will be incorporated into the document. This would then be sent to the elected District Group members ONLY to get feedback from everyone concerned and to see if any alterations/additions needed to be made. The final document would then be produced and circulated in readiness for a full discussion/action plan at the February 2025 meeting.

Currently, in some cases the stories indicate the person. When the final document is produced, and to maintain confidentiality, the names will be removed. Meanwhile as discussed at the meeting it would be appreciated if this this document is not circulated outside of the group representatives.

10. PPG Updates

The following reports were received and sent out prior to the meeting.

(i). Tutbury PPG

- Our last meeting was on the 20th of November. It was well attended by both the members, surgery, and a Parish Councillor. At the meeting we had a talk by the CoOP Funeral Services which covered a variety of topics and promoted good discussions on the subject.
- On Thursday 21st of November we held our talk on the Menopause. Due to the number of interested people we had to move the meeting to a room at the village hall where approx. total of 60, patients, GP, Practice Manager and Nurses attended. The evening, like the prostate talk was a great success and already plans are being put in place to hold them again, on a larger scale in 2025.
- Earlier that day was the last of our Past Times Social afternoon where people with dementia and their carers came for drinks and cakes/ biscuits and chat with people who may be able to assist them.
- Friday 22nd was the final quiz night for 2024. Again over 70 supported the event which raises money to assist the running of the PPG, putting on the various events and talks and the maintenance of the website.
- All 2025 PPG meeting dates, quiz nights and Trent and Dove coffee mornings have been arranged.

(ii). Yoxall PPG

- We had our last meeting on 15th November. The Practice Manager has written a new PPG policy for the surgery which she asked me to read & I felt it appropriate to discuss this with the group. I believe it

should reflect our Constitution. After discussion at the meeting, (all members had had a copy to read beforehand), we decided the best way forward was to have a small group to meet with her, to discuss in more detail. This has been arranged for 30th January.

- Members of the group helped at the surgery flu & covid vaccination sessions, which was much appreciated.
- Some also helped during a Fire Drill, giving surgery staff a more realistic idea of what may happen in a 'live' situation.
- Our next meeting will be towards the end of Jan/ beginning of Feb depending on training session dates. (We hold our meeting at the surgery when it is closed for these).

(iii). Carlton Group

- We held our bi-monthly patient group meeting on 28/11/24.
- The Health Kiosk, at Carlton St surgery, is not being used to its full capacity. The Kiosk can record weight and blood-pressure, you can also complete health questionnaires for COPD, asthma, Diabetes, and other health conditions. The recordings go into your patient notes. Alerts will go to surgery staff, depending on results, different measures are in place, eg staff will ring patient or kiosk will ask you to go to reception to book an appoint with the appropriate staff member. Members of our group offered to help promote the kiosk, the NHS app and updating patients details etc. Training to be given to our members prior to helping. Also promoting the role of local pharmacists, regarding ordering your repeat prescriptions etc.
- The word forum has been removed from our groups name. The surgery newsletter has been revamped, along with new wording and notices, hopefully it will help to increase PPG members.
- The surgery clinical pharmacist will be the speaker at our next meeting.
- The meeting was closed with our chair wishing everyone a Happy Christmas and New Year.

11. Support Staffordshire Update. Report circulated prior to the meeting.

The latest Healthwatch bulletin covers the update for this time. Highlights are Virtual Wards and Discharge survey. This has been circulated to all District Group members.

Dave Bassett (he/him)

Engagement Officer – Healthwatch, Southeast Staffordshire

12. Update from the Support Staffordshire Community Officer for Burton/Uttoxeter.

Nothing much to report. The usual issues continue to surface. Form Filling is a real problem out in the community, and I have forwarded a request to our consultancy department to look at a research project around this. In terms of groups, core funding is still an issue and until funders understand the needs of communities, they will continue to be. Gulsoom is busy with the Women's Health Conference which will be on April 30th of next year. James and I have been busy creating short films for groups to use as part of their evaluation.

An example of this was shown to the District Group members present.

Ian

Ian Leech (he/him)

Community Officer, Burton on Trent District

13. Further Updates

The following further updates were sent prior to the meeting.

(i). East Staffordshire and Surrounds Diabetes UK Patient Network

- The planned face-to-face meetings within East and Southeast Staffordshire were held throughout October. Currently, the places previously used in Burton and Lichfield are no longer available, so the opportunity has been taken to look at alternative venues, and in the case of Lichfield on a different day and time to see if by doing this it brings in more people. In terms of Burton the meetings are now held in the Brewhouse until the end of 2024.
- Regarding Lichfield the new venue is The Hub at St Mary's.
- Work has now been completed regarding dates and venues for 2025. These are attached.
- In December, the remaining face-to-face planned meetings and virtual group meeting will be held.

Regarding other work, the Chair attends events wherever possible. Recently these included.

- Continuing with the six-month Leadership course promoted through Support Staffordshire. This was completed on the 25th of November.

- Continues to attend the monthly MPFT East Staffs Performance & Quality Assurance Forum Open Meeting at the beginning of each month.
- Attends, as the patient representative, for the Staffordshire and Stoke-on-Trent Voluntary Services, the Integrated Care Board portfolio meetings for Long Term Conditions, End of Life and Frailty.
- Meeting held with Burton Unity, currently working on a project focused on diabetes. Their primary goal is to gain insights into what resources and support are currently available for diabetes and explore how accessible they are for underrepresented communities. This took place on Tuesday 8th October. Further dialogue planned over the last few weeks.
- In discussions with various people/ organisations regarding the structured education programmes for people with diabetes, and lived experience of diabetes, In addition similar meetings on the benefits of exercise. Further meetings have been held. Pushing for low carbohydrate to be included.
- Met with the new East Staffordshire Community Diabetes Lead on 17th of October.
- Had a stand at Burton Meadowside Leisure Centre to promote both the network and diabetes awareness, this was on the 1st of November and a further one will be on the 15th of November.
- Gave an awareness talk at a Trent and Dove Coffee morning in Branston, Burton, on 6th of November 25 attended.
- Attended and gave a presentation at Midlands Partnership University Foundation Trust Benefits of Physical Activity event on 8th of November. The presentation was on my personal story of having a long-term condition, Diabetes, and the benefits that exercise had.
- Attending and giving a presentation at the Diabetes and Emotional Wellbeing Symposium on November 9, 2024, at the Park Hall Hotel and Spa in Wolverhampton. This was organised by Matilda Chongwa, Director of Global Diabetes Initiatives. Also had a stand and was accompanied by one of our members SK. Approx 250 attended.
- Gave a presentation at the Cadley Hill View Care and Residential Home on 14th of November.

(ii). Primary Care Network Update:

Vaccination Centre – Pirelli ran up to 10th Nov – 98% vaccines for over 65 used, 78% under 65 used – All remaining stock has gone back to

practices to continue to offer vaccines for their patients. Covid uptake has also been well received in our area seeing East Staffs 5 out of 27 PCNs based on latest data.

All practices responsible for housebound and child flu vaccines.

Covid vaccine offer – All care homes to be completed by 6th Dec (all 54 homes completed in East Staffs - 28.11.24)

Covid opportunities will remain available within many Pharmacies up to 20th December – Who is offering this can be sourced by calling 119 or speaking directly with local pharmacies.

Walk in sessions also being offered through many Fire Stations for children & adults.

Women's Hub - Funding has been approved by the ICB for SES Alliance (Lichfield, Mercian, East Staffs PCNS) to develop as we move into 2025. More details to be shared in the new year.

Diabetes 8 – Working with MPFT in hope we can get sessions arranged in the New Year

Memory Events – Primary Care worked with MPFT to promote various Memory Events across Uttoxeter & Burton which have been well attended.

Better Pain Management - Primary Care worked with MPFT to promote session in June. MPFT keen to run these on a regular basis going forward and once again we are working closely with MPFT to help raise awareness / communications / invites to MSK patients throughout 2025.

Opioid – Better Pain Management – Working with Peel Croft, Stapenhill and Social Prescribers and BACT Health Team as a pilot with a view to rollout across the PCN – Patients on Opioids have been contacted to see if they would be interested in alternative methods of managing pain – This has been well received and patients being invited to a support sessions.

Cancer Pre Treatment Care – PCN arranged a care programme with BACT to evaluate and learn patient response with regards to holistic care planning for patients recently diagnosed with cancer, who is interested in received an individual tailored support program.

Sure, I will have lots more to update you on in the new year as few more projects currently being scoped, so watch this space!

Debbie

Debbie Melling

East Staffs Primary Care Community Manager, Tel: 07517 443 229

14. Any Other Business
Money for District Group

The Secretary informed the members that he had applied for a grant, under the East Staffs Borough Council Community Fund to assist in the running of the Group going forward.

15. Review of the Meeting.

Highly informative, good discussions, lot of input and discussion, finished on time.

16. Date of Next Meeting:

Thursday, February 13th, 2025, between 1pm and 3pm. The Chair, SAR, thanked everyone for their contributions to the meeting and best wishes for the forthcoming festive season.